Your fracture wasn’t just an accident
IT’S A WARNING SIGN

Most patients who have suffered a fracture fail to recognise that their break could be due to something far more severe than a fall.

In Asia, the Fight the Fracture-International Osteoporosis Foundation Survey 2017 revealed that nearly half of patients with a fragility fracture believe that their fall was the sole cause of their fracture.

In addition, more than 8 in 10 believe that weak bones are inevitable and related to ageing.

Beware the Silent Disease

What is osteoporosis?

Osteoporosis is a disease that weakens bones over time, making them thinner, more brittle and more likely to break.

Osteoporosis causes more than 8.9 million fractures annually, resulting in an osteoporotic fracture every 3 seconds worldwide.

By 2050, more than 50% of the world’s fractures are expected to occur in Asia.

There’s hope: Fractures Can Be Prevented

The earlier the diagnosis, the better

75% of patients with early diagnosis of osteoporosis agree it was key in preventing another fracture.

80% of patients with late diagnosis of osteoporosis wish they’d received it earlier.

Take action

Assess your risk

Take the International Osteoporosis Foundation’s One-Minute Risk Test to calculate your risk of osteoporosis.

Start a conversation

Ask your doctor about osteoporosis and how to prevent it. Discuss getting a DXA scan or other screening options.

Spread the word

Help your loved ones and friends prevent future fractures by telling them about osteoporosis, fracture risk tests and talking to their doctor.

FOR MORE INFORMATION VISIT WWW.FIGHTTHEFRACTURE.ASIA

References


